



# Understanding Emoji Emotions

A fun guide to help you express your feelings online! Learn how emojis work and how to use them safely.

# What Are Emojis?

Emojis are tiny pictures we use to show our feelings when we type messages! They help us share emotions like happiness, sadness, or excitement without using words.

Just like how you smile to show you're happy, emojis let you share feelings through your phone or computer. They make talking online more fun and help people understand how you feel.





# Happy Emojis - Share Your Joy!

## Smiling Face

Shows you're happy and friendly. Perfect for talking with friends and family!

## Big Grin

Super excited and joyful! Use when something makes you really happy.

## Heart Eyes

Shows love and care. Great for family and close friends you really like!

## Laughing

Something is so funny you're laughing really hard! Use for jokes and silly moments.

# Sad and Upset Emojis

## **Crying Face**

You're feeling sad or upset. It's okay to share when something makes you unhappy.

## **Worried Face**

Something is bothering you or making you nervous. Use when you're concerned.

## **Angry Face**

You're frustrated or mad about something. Remember to be kind even when upset!

It's normal to feel different emotions. Emojis help you express them, but always talk to a trusted adult if something online makes you feel bad.

IMPORTANT

# Watch Out: Confusing Emojis



## Some emojis mean different things!

The 🤪 upside-down face can mean silly OR sarcastic. The 😏 smirking face might seem friendly but can be rude.



## When you're not sure, ask!

If someone sends you an emoji you don't understand, it's okay to ask what they mean. Not everyone uses emojis the same way.

 **Safety Tip:** If someone sends you emojis that make you uncomfortable or confused, tell a parent, teacher, or trusted adult right away!

# Tips for Using Emojis Safely

01

---

## Only use emojis with people you know

Don't send emojis to strangers online. Keep your emoji conversations with friends and family.

02

---

## Think before you send

Make sure your emoji matches what you really want to say. Can it be misunderstood?

03

---

## Be kind with your emojis

Don't use emojis to hurt someone's feelings. Treat others how you want to be treated!

04

---

## Ask for help when needed

If something feels wrong or confusing, talk to a trusted grown-up. They're there to help you!



# Practice: Choose the Right Emoji!

## Situations to Try:

1. Your friend just got a new puppy
2. You finished your homework
3. You're excited about your birthday
4. You miss your grandparents
5. Something funny happened at school

## Think About:

- What emotion fits best?
- Will the other person understand?
- Is it kind and appropriate?



Remember: Emojis are fun tools to express yourself, but real conversations and face-to-face talks are still the best ways to share your feelings!

# Cybersecurity Non-Profit (CSNP)

"Making cybersecurity knowledge accessible to everyone through education, community, and practical resources."

**Business & Non-Profit Security**

**Family Cybersecurity**

**Kids Safety**

**Senior Digital Safety**

**Women's Security**

**Parents & Educators**

**Everything we offer is completely free!** Visit us to learn more and access helpful resources for staying safe online.

[Visit csnp.org](https://csnp.org)

[Explore Resources](#)